

# IPMBA POLICE/SECURITY CYCLIST COURSE

## SAMPLE REQUIRED EQUIPMENT AND MATERIALS CHECKLIST

### Duty Bicycle

- ☐ Reputable manufacturer public safety bicycle in good working order, properly fitted
- ☐ Street/combination tires (26–29 x 1.5 to 26–29 x 2.1 recommended; no knobbies)
- ☐ Pedal retention (including acceptable flat pedal/footwear systems)
- ☐ At least one water bottle cages and bottle
- ☐ Hydration delivery system (recommended)
- ☐ High-intensity headlight with 4-hour run-time
- ☐ L.E.D. steady or flashing red taillight
- ☐ Rear mount kick stand
- ☐ Derailleur guard (recommended)
- ☐ Agency-mandated carrying system (e.g., rear rack with rack bag, frame pack, panniers, etc.)
- ☐ Off-road tires (recommended if the class will ride off-road; consult instructor)

### Tools

- ☐ Patch kit
- ☐ Tire levers
- ☐ Two spare tubes
- ☐ Frame-mounted tire pump or CO<sub>2</sub> inflator with cartridges
- ☐ Allen wrenches (4-/5-/6-/8-mm)
- ☐ Wrenches (8-/10-mm)
- ☐ Bicycle lube
- ☐ Shop towel
- ☐ Disposable gloves

### Safety Equipment

- ☐ Bicycle helmet (approved by ANSI, Snell, CPSC, CSA, or equivalent)
- ☐ Eye protection (wraparound, clear and tinted)
- ☐ Padded cycling gloves (highly recommended)
- ☐ Body armor protective vest (if worn on duty)

### Attire

- ☐ Full duty uniform (*worn daily*)
- ☐ Padded cycling shorts (*highly recommended*)
- ☐ Footwear compatible with pedal retention
- ☐ Foul weather gear
- ☐ Off-road cycling clothes (*recommended if the class will ride off-road; consult instructor*)

### Duty Belt/Vest

- ☐ Agency-mandated duty gear

### Range Equipment

(if class will include live-fire exercises; consult instructor)

- ☐ Duty weapon
- ☐ 100 rounds
- ☐ Foam ear protection

### Other

- ☐ Complete Guide to Public Safety Cycling (if not provided by instructor; [www.psglearning.com](http://www.psglearning.com), 800-832-0034)
- ☐ Note-taking materials
- ☐ Insect repellent
- ☐ Sunscreen
- ☐ Hand sanitizer
- ☐ Disinfecting wipes
- ☐ Get Active Questionnaire (GAQ) (required) and medical clearance sheet (if indicated by GAQ)

Participants will be required to sign a liability release/waiver on-site.